FamilyCore℠

Strengthening Families
for a Stronger Community

FamilyCore is a private, non-profit, nationally accredited social service agency that has served the Tri-County area continuously since 1900. We are committed to helping individuals and families strengthen their lives through a variety of counseling, child welfare, family preservation and preventative education services. We offer you our best in quality, confidentiality and expertise.

Our organization depends on generous support from contributions to five local area United Way agencies. When you give your "fair share," you allow us to continue providing our services to individuals and children of the community.

COA Council on Accreditation

WE'RE ACCREDITED.

An accredited agency is one that has undergone extensive review by the Council on Accreditation of Services for Families and Children. Accreditation assures you and our community that FamilyCore demonstrates effective management and provides high levels of service, quality community programs, knowledgeable personnel and safe, accessible facilities.

Our Mission:

Mobilizing and integrating critical resources and opportunities to strengthen families and develop sustainable communities.

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FamilyCore
330 SW Washington Street
Peoria, IL 61602-1406

The 14th Annual FROSTY 5K

January 26, 2013

FamilyCore

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Raising Funds For FamilyCore

Registration Information

Entry fee before Race Day:	$25
Entry fee for IVS Members:	$22
Entry fee on Race Day	$30
Entry fee for family (3 or more)	$45
Entry fee for walkers	$22

All participants registered prior to January 11th will be guaranteed a Frosty 5K T-shirt. Early packet pickup will be offered on Friday, January 25th at Running Central located at 4450 N Prospect Rd, Peoria Heights from 10am to 6pm.

Race Day Schedule

January 26th, 2013

8:00 a.m. Race Day Registration and packet pickup at FamilyCore, 330 SW Washington St.

9:00 a.m. Race begins on the Riverfront

9:00 a.m. Walkers meet at FamilyCore

After the race, a Post-Race awards ceremony will be held at The Gateway Building at 200 NE Water Street.

For more information, please contact **Debbie Ryva** at 676-2400 or e-mail dryva@familycore.org.

All proceeds directly benefit clients of FamilyCore.

2013 Frosty 5K Registration Form

In consideration of the acceptance of my entry for the FamilyCore Frosty 5K, I hereby, for myself, my heirs, executors and administrators, fully and forever RELEASE, REMISE, ACQUIT and DISCHARGE Family-Core, the city of Peoria, and the Peoria Park District (including, but not limited to any volunteers, organizers, agents, servants, sponsors) and each of their officers, directors, agents and employees from any and all claims, demands, damages, actions or rights of action of whatever kind or nature I may now have or may hereafter have arising out of or in consequence of all known or unknown injuries to person or damages to property resulting to me in any way from my participation in the FamilyCore race. I also grant permission to all of the foregoing to use any photo-graphs, motion pictures, recordings or other records of this event for any legiti-mate purpose.

Signature: _____

Date: _____

☐ Entry Fee is enclosed

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Email: _____

Phone: _____

Register before January 11th to receive your Frosty shirt

T-shirt size: S M L XL XXL

☐ Female ☐ Male

Age Group

☐ 14 & under	☐ 45 - 49
☐ 15 - 19	☐ 50 - 54
☐ 20 - 24	☐ 55 - 59
☐ 25 - 29	☐ 60 - 64
☐ 30 - 34	☐ 65 - 69
☐ 35 - 39	☐ 70 +
☐ 40 - 44	

Awards

The overall male and female winners will receive trophies. Medals will be awarded for First, Second, and Third place in each age category.

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