



Just as its name implies, FamilyCore understands that strong families, equipped with the tools and ties to succeed, are at the heart of any vibrant, tight-knit community.

Every year, **FamilyCore's** staff of over 90 individuals works to connect counseling, intervention, education and support services with those who have a need:

- Supervises care of hundreds of children in foster homes and helps many of them work toward family reunification or achieve permanent homes
- Provides individual, family and marital counseling to thousands of individuals
- Provides social and emotional well being to students in partnership with community schools
- Supports the unique challenges single parents may face
- Distributes food through a monthly food bank

The end goal? To maintain the integrity of family, however it may be defined.

FamilyCore.org

 @FamilyCorePeoria

 #family_core

 @familycore

FamilyCore
330 S.W. Washington St.
Peoria, IL 61602



**“Warm a Child’s Heart”
at our 24th Annual**

**FROSTY
5K**

& Dog Walk

**January 28, 2023
Peoria Riverfront**

*All proceeds directly benefit
FamilyCore children and families*



TWO WAYS TO REGISTER

Register online at familycore.org OR complete the registration form at right and mail in with a check.

EARLY PACKET PICKUP

Early packet pickup will be offered on Friday, January 27 from 11:00 a.m. to 6:00 p.m. at RC Outfitters, 311 SW Water St. Peoria, IL

RACE DAY SCHEDULE

January 28, 2023

8:00-8:50 a.m. Race Day Registration and packet pickup at RC Outfitters

9:00 a.m. Race begins on the Riverfront in front of RC Outfitters on the walking path

9:05 a.m. Walkers/dog walkers start right after the runners on the walking path

Stick around for our after party with food, awards and more!

QUESTIONS?

Contact Tammy Stephens for details and sponsorship information at tstephens@familycore.org or 309-676-2400

2023 FROSTY 5K REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

Female

Male

Date of Birth: _____

Register by January 9 to receive your Frosty t-shirt!

T-shirt size (circle): S M L XL XXL

In consideration of the acceptance of my entry for the FamilyCore Frosty 5K, I hereby, for Myself, my heirs, executors and administrators, fully and forever RELEASE, REMISE, ACQUIT and DISCHARGE FamilyCore, the City of Peoria, and the Peoria Park District (including but not limited to any volunteers, organizers, agents, servants, sponsors, and each of their officers, directors agents, and employees from any and all claims, demands, damages, actions, or rights of action of whatever kind or nature I may now have or may hereafter have arising out of or the consequences of all known or unknown injuries to person or damages to property resulting to me in any way from my participation in the FamilyCore race. I also grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other records of this event for any legitimate purpose.

Signature: _____

Date: _____

ENTRY FEE:	
5K Race - before 1/22/23	\$35.00
5K Race - after above date:	\$45.00
Family (3 members):	\$90.00
1 Mile Walk/Dog Walk:	\$35.00
Discount Code: _____	
TOTAL: \$	

Make checks payable to and return to:

FamilyCore
330 SW Washington St.
Peoria, IL 61602

309-676-2400



FamilyCore.org

